



Code of Practice for Oriel College Gyms.

In order for an individual to be permitted access to the College Gyms, all of the below points have to be adhered to.

1. The College Gym operates on a fair use system; please do not 'hog' machines.
2. It is the responsibility of the person requesting access to the Gym, to ensure that he/she has been fully trained on the necessary equipment by the College trainer.
3. Access to College Gym will be allowed between the hours of 6:30am until 10:00pm only.
4. Once you have been trained, report to the Lodge so that access rights can be added to your access (Bod) card.
5. Users must not tailgate each other into the gym, nor hold open the door for anyone who is not a College member. The use of the Gym is only for Oriel College members, and no guests are permitted at any time.
6. All efforts should be taken to not Gym alone, however if/when using the Gym alone, please inform the Lodge for your own safety.
7. All users use the Gym at their own risk.
8. The Gym is to be left clean and tidy at all times.
9. Any accidents or incidents are to be reported to the Lodge immediately.
10. The use of mobile phones is not permitted in the gym whilst using equipment.
11. No food or alcohol is to be consumed in the gym.
12. Equipment must not be modified, altered or used in a manner other than that for which it was intended.
13. Users are asked to bring a towel, to avoid the dripping of perspiration on the floor and machinery.
14. Appropriate exercise clothing and footwear must be worn at all times.
15. Any equipment issues or damage should be reported directly to the Domestic Bursar.

College Member :

Member Signature :

Trained by :

Training Date :

- The term 'users' throughout this document refers to the persons making use of the College Gym facilities which can include, but is not exclusive to, members, students and staff.
- This Code of Conduct is subject to review and amendment by the Lodge Manager or Domestic Bursar as necessary.